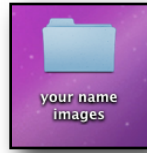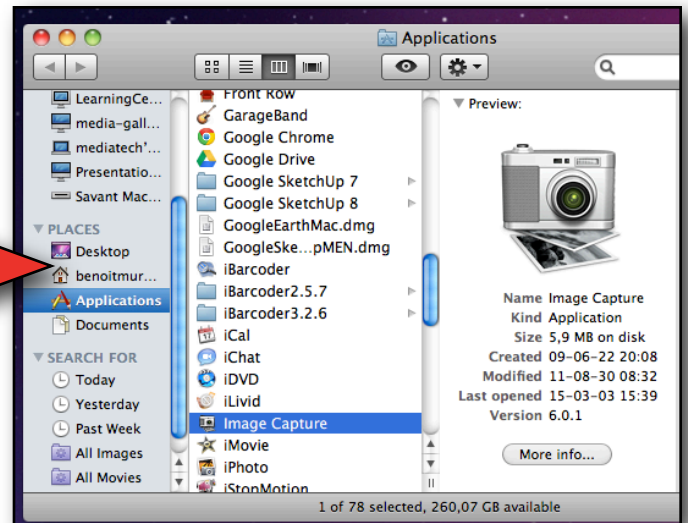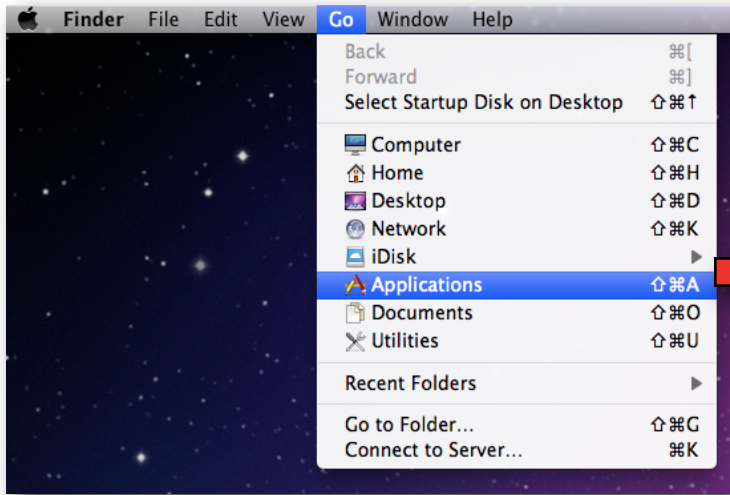# HOW TO IMPORT IMAGES AND MOVIES USING IMAGE CAPTURE - PAGE 1

1. Turn on your camera with the SD or CF card inside and connect it to the computer with the USB cable.

2. Make a folder on the desktop with your name on it.

You will be importing your images into this folder.

3. Go up to the top menu item GO > APPLICATIONS

Find and double click on IMAGE CAPTURE to launch the program
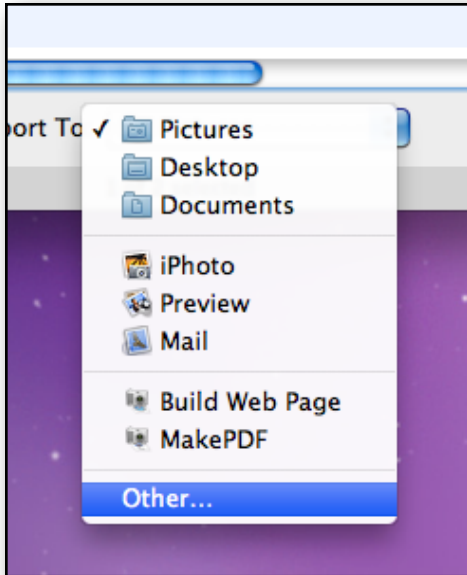

5. Select your camera on the side of the window to see the images and/or movies on the card.
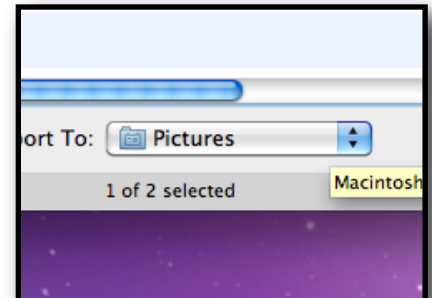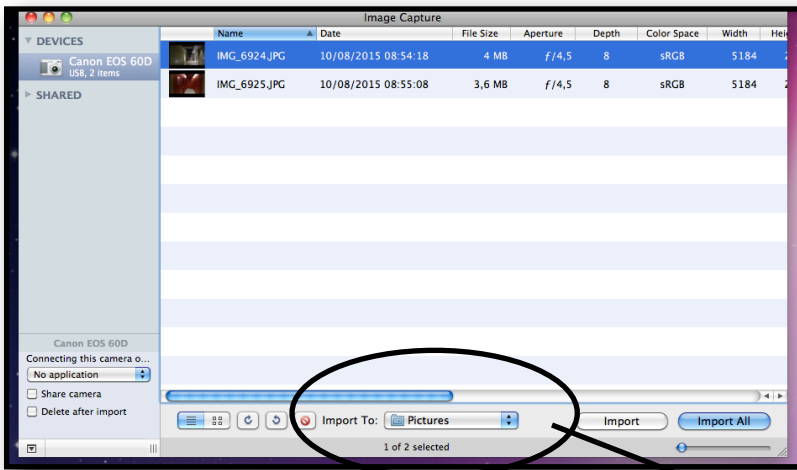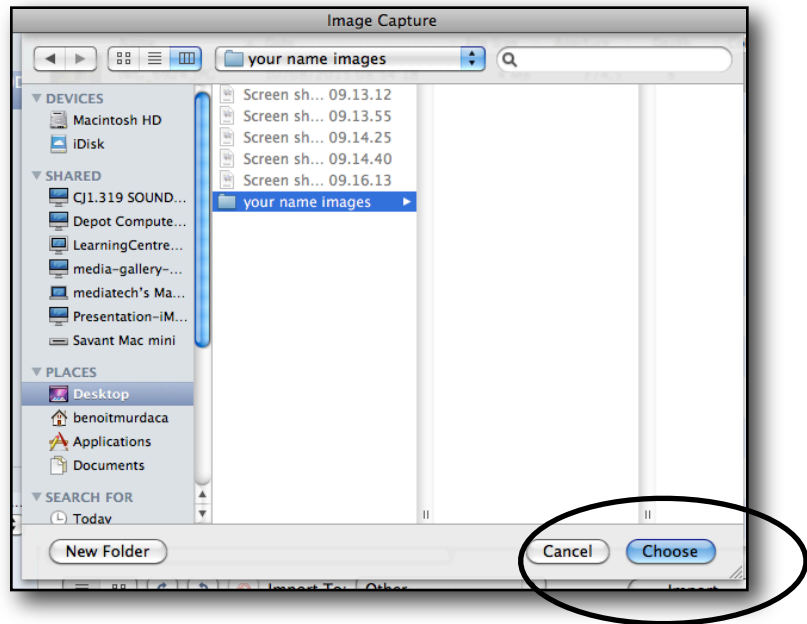

6. Before you import, you need to choose where you want to import to.
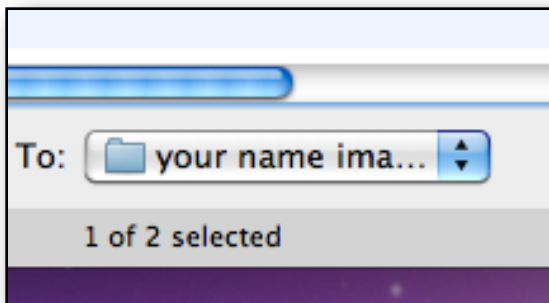At the bottom of the window, click on the drop down menu beside Import to:

7. And select Other...

8. Find your folder that you created on the desktop (*your name images*) and click on Choose

9. The name of your folder should appear beside "Import to "

10. Now you are ready to transfer your image or movie files from the camera to your folder

Select one or more images and click on Import, or click on Import all if you want every image and / or movie on your camera copied to your folder

11. Quit Image Capture when you are finished and unplug the camera.